WELCOME!
Winter on the Sleeping Bear Heritage Trail is special. Light fluffy snow covering the trees and trail make it ideal for photography, skiing, or snowshoeing through a secluded winter wonderland! Much of the trail is groomed in the winter with a corduroy base for skate skiing, snowshoeing, and fat-tire bikes, and classic tracks on the outside for classic cross-country skiing.

TRAIL NOTES
Bikes, Snowshoes and Foot Traffic:
Please stay out of the classic ski tracks.

Important for All:
The trail from Glen Arbor to the Dune Climb is relatively flat with beautiful scenery. A loop trail through DH Day Campground and a loop just south of the Dune Climb are also groomed. Between the Dune Climb and Pierce Stocking Drive, the trail crosses multiple driveways and climbs significant hills. The section from Empire to Pierce Stocking Scenic Drive has some challenging slopes and links to ungroomed ski trails in the Scenic Drive area. North of Glen Arbor, from Crystal View Trailhead to Port Oneida Road, there are a few slopes but is generally flat with links to the Bay View Trail for backcountry skiing. From Crystal River to Port Oneida the trail is groomed. From Port Oneida to Bohemian (669) trail is not groomed but can be used for backcountry skiing or snowshoeing. Ski conditions: SBHTMap.org

Trailhead Parking:
South of Glen Arbor: Forest Haven Road in Glen Arbor, Glen Haven, the Dune Climb, Pierce Stocking Drive, and Bar Lake Rd. near Voice Rd. north of Empire.
North of Glen Arbor: Crystal View Trailhead, Bay View Trailhead on Thoreson Rd.

Thank you to the following for their support:

Please send inquiries and donations to:
Friends of Sleeping Bear Dunes, 555 S. Bayshore Drive, Empire, MI 49630
or visit: FriendsOfSleepingBear.org

Friends of Sleeping Bear Dunes is a qualified 501(c)3 nonprofit organization. Donations are tax deductible to the full extent of state and federal law.
Sleeping Bear Dunes National Lakeshore

BAR LAKE TRAILHEAD

ACCESS TRAIL AT FOREST HAVEN

CRYSTAL RIVER TRAILHEAD

Note: more XC Ski Trails available in the Pierce Stocking Drive area

CRYSTAL RIVER

Note: more XC Ski Trails available on the Bay View Trail

2.6 Miles

Easier        More Difficult     Most Difficult
(Moderate)

SCAN FOR TRAIL MAP

Approximate Distance Between Trailheads

TRAIL ETIQUETTE - Trails groomed for crosscountry skiing

Please do not walk or bike on groomed ski tracks

Walk, snowshoe or fat tire bikes in center of trail only

Bikers: Alert skiers when approaching

Dogs are NOT ALLOWED on trail from Dec. 1 thru March 31

Be courteous and have fun!

LEGEND

Easier

More Difficult

Most Difficult

Approximate Distance Between Trailheads