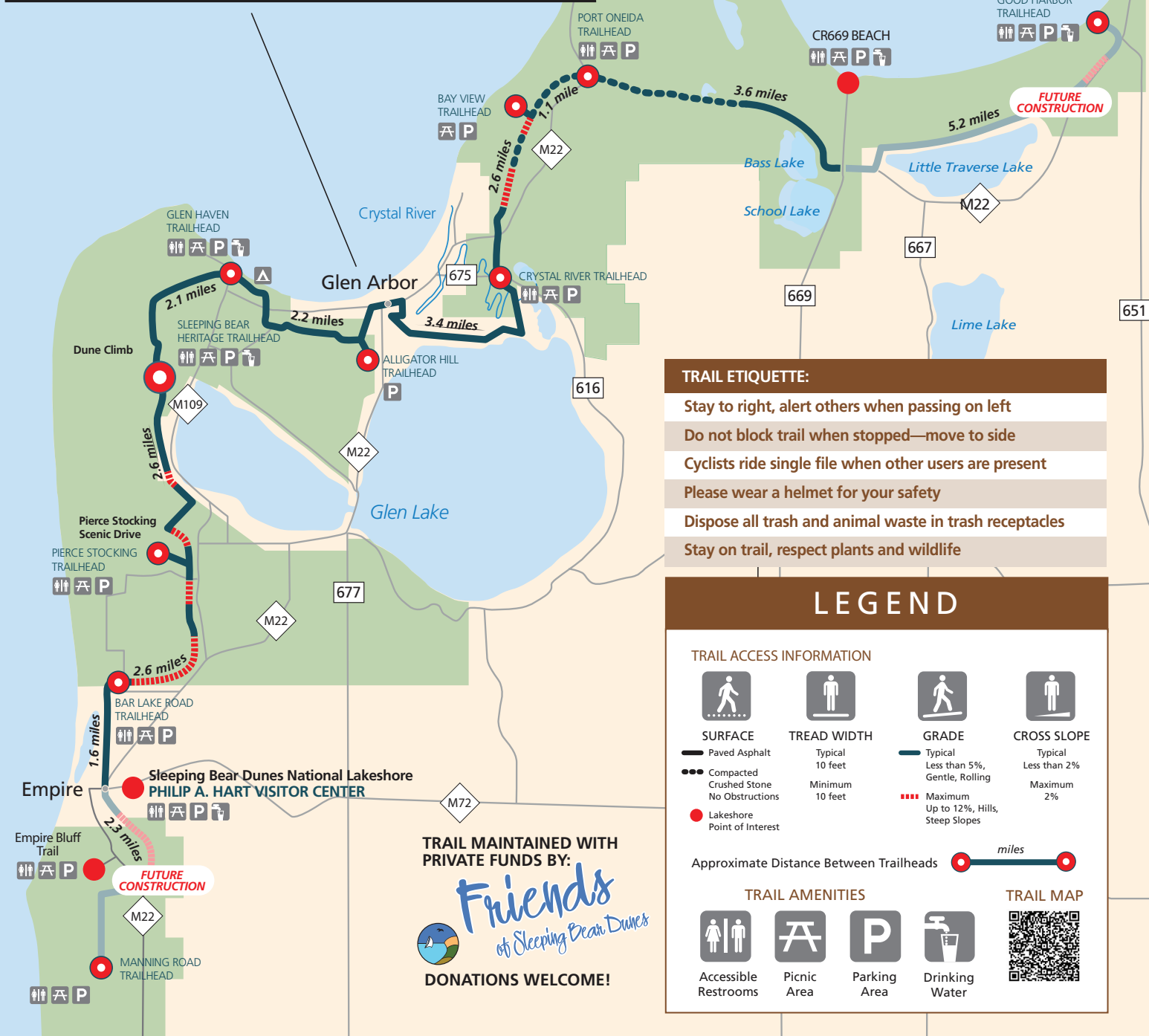
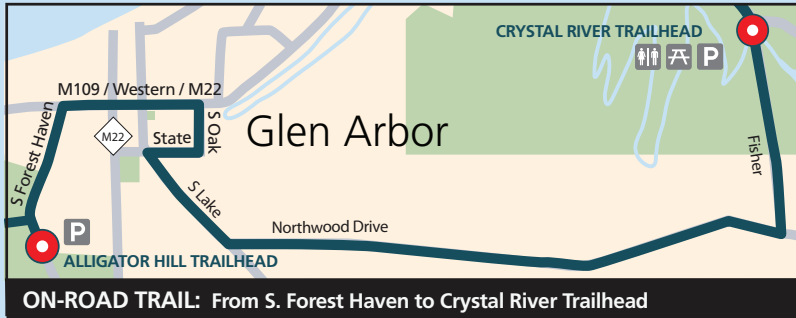


SUMMER SLEEPING BEAR HERITAGE TRAIL

SLEEPING BEAR DUNES NATIONAL LAKESHORE



TRAIL ETIQUETTE:

- Stay to right, alert others when passing on left
- Do not block trail when stopped—move to side
- Cyclists ride single file when other users are present
- Please wear a helmet for your safety
- Dispose all trash and animal waste in trash receptacles
- Stay on trail, respect plants and wildlife

LEGEND

TRAIL ACCESS INFORMATION

SURFACE	TREAD WIDTH	GRADE	CROSS SLOPE
Paved Asphalt	Typical 10 feet	Typical Less than 5%, Gentle, Rolling	Typical Less than 2%
Compacted Crushed Stone No Obstructions	Minimum 10 feet	Maximum Up to 12%, Hills, Steep Slopes	Maximum 2%

TRAIL AMENITIES

- Accessible Restrooms
- Picnic Area
- Parking Area
- Drinking Water

TRAIL MAP

TRAIL MAINTAINED WITH PRIVATE FUNDS BY:

Friends of Sleeping Bear Dunes

DONATIONS WELCOME!